

COVID-19 Vaccines

Most adults in Kaua'i are now eligible to receive their vaccine! Please, visit <u>kauai.gov/vaccine</u> for updates. Vaccines are available to those eligible, at no-cost at:

- The Kaua'i District Health Office (KDHO) in Lihu'e: www.surveymonkey.com/r/PGK7MBD
- Wilcox Medical Center in Līhu'e: <u>WilcoxHealth.org/Vaccine</u>
- Kaua'i Veterans Memorial Hospital (KVMH) in Waimea: <u>kauai.hhsc.org/</u>
- Samuel Mahelona Memorial Hospital in Kapa'a: kauai.hhsc.org/
- Hoʻola Lahui Hawaiʻi 💪(808) 240-0100
- Mālama Pono Health Services & (808) 246-9577
- Līhu'e Pharmacies: 🗞 (808) 246-9100
- CVS & Longs Pharmacies:
 www.cvs.com/immunizations/covid-19-vaccine
- Safeway Pharmacies: www.safeway.com/pharmacy/covid-19.html



Health Care Access

Telehealth is a great option to safely continue with treatments & appointments. For more information, contact your insurance or the Pacific Basin Telehealth Resource Center & (808) 956-2514. If you are uninsured, contact Med-QUEST for coverage. Apply online at <u>https://medical.mybenefits.hawaii.gov2</u> or & 1(800) 316-8005

For affordable health services, contact:

- <u>Hoʻola Lahui Hawaiʻi</u>. 🗞 (808) 240-0100
- <u>Mālama Pono Health Services (MPHS)</u> reproductive health & case management.
 & (808) 246-9577
- <u>HMSA's Online Care</u>: affordable telehealth for anyone 18+ years in Hawai'i.
- The <u>Department of Education</u> (DOE): no-cost telehealth appointments. & (844) 436-3888
- <u>Project Vision</u>: no cost screening & reading glasses. & (808) 201-3937
- Language assistance may be available at:
 - o Helping Hands & (808) 526-9724
 - <u>KDHO Bilingual Health Services</u>
 <u>(808)</u> 241-3421
 - <u>We are Oceania</u> (WAO) for communities from Micronesia, Marshall Islands, & Palau, COVID-19 helpline
 (808) 913-1364

COVID-19 Testing

If you develop any symptoms, please contact your primary care provider (PCP) and get tested. **Symptoms of COVID-19** may include cough, difficulty breathing, fever, chills, muscle pain, sore throat, & new loss of taste or smell.

